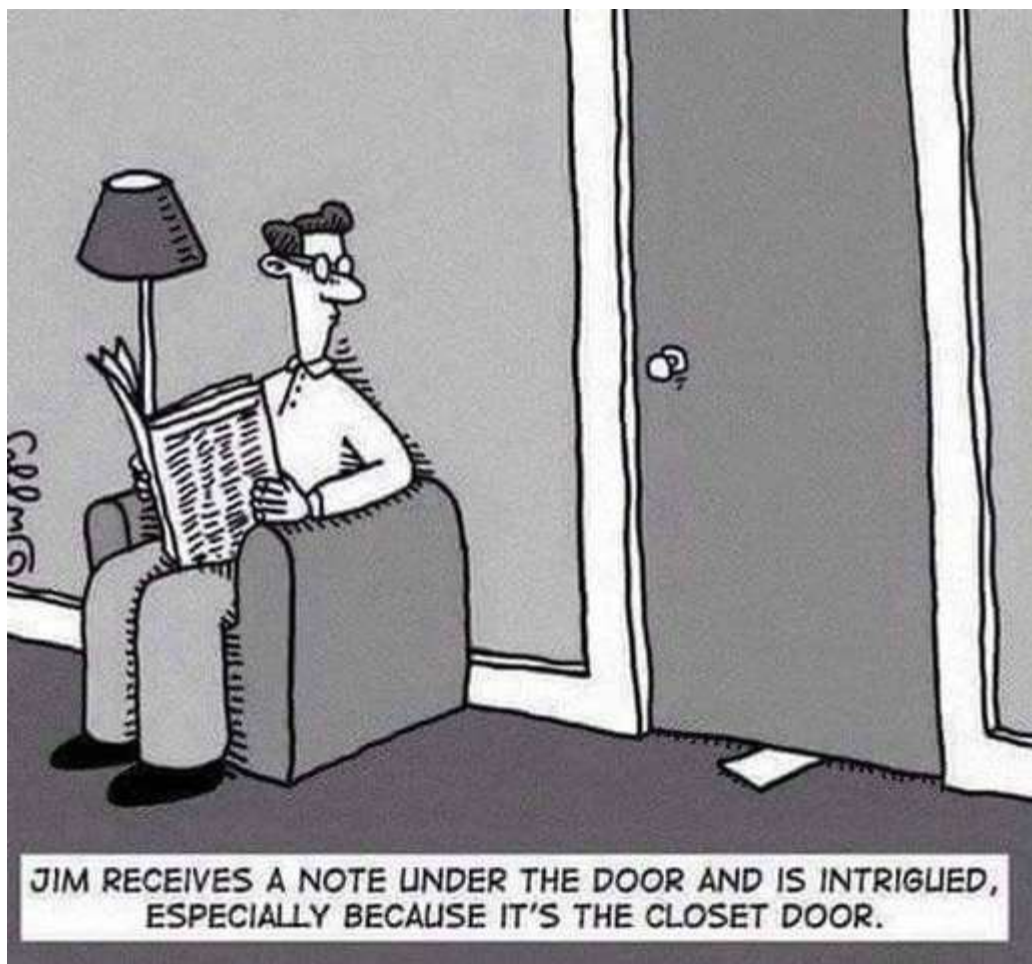


Brain cells, hair cells
and skin cells - they
all die constantly, but
freaking fat cells seem
to have eternal life...



Stu's Views



Honey, our lawyer wishes us,
but in no way guarantees,
a Merry Christmas.

**I am starting
to think
I will never
be old enough
to know better.**

**Managing your weight
around the holidays just
requires a little planning..**

**For example, I took the
batteries out of my scale on
Wednesday.**



FOR MANY YEARS FRED'S SECRET
SUNDAY AFTERNOON NAPS
WENT UNDETECTED

Some call it multi-tasking, I
call it doing something else
while I try to remember what
I was doing in the first place



COFFEE IN HAND, SUPPLIES AT THE READY,
ALICE SETTLES IN, WAITING FOR THE
FIRST TELEMARKETER TO CALL.

I tried the Japanese method of decluttering where you hold every object that you own and if it does not bring you joy, you throw it away. So far I have thrown out all of the vegetables, my bra, the electric bill, the scale, a mirror and my treadmill.

**I don't
understand
why people
have to "get
ready" for bed.
I'm always
ready for bed.**