

## **Advice from a friend**

I was in the Air Force and retired after 20 years. Chemical and Biological warfare was becoming a big deal. Having been through the training throughout my career it's bothered me about the masks and other preventative measures being pushed. After masks were required, I expected to see information put out on how to wear them and not contaminate yourself while using them.

I only observed Fauci only once mentioning the dangers of contaminating yourself while wearing masks. Since becoming mandatory I can't help but notice all the people touching both the inside and outside of their masks after shopping inside a store. I watch them fold their masks then put them in their purse or pockets only to pull them out and use them again.

Why isn't Covid money being used to provide masks as people enter a store. After two hours the masks should be discarded as they break down and provide a surface for all kinds of germs to collect and will be inhaled and exhaled over and over.

Studies have come out showing that the masking state's having a higher infection rate. Yet, when the virus starts spiking the first thing, they do is make mask wearing mandatory.

I have said before that if you want to stay healthy you should do the opposite of what Fauci says. It's almost funny but it's true. Fauci craves power and if the virus stops affecting people, he loses power. I am sure that we will have another mask mandate soon.

Everything the government recommends goes against the training I received in the military, why?

The plexiglass being used at checkout counters is another example of seemingly good advice but a couple years ago the CDC once even admitted that they are ineffective and it's just another surface for germ to collect on. Yet there was no push to have them removed. I still see people wearing plexiglass face shields, that's just another surface for the virus to collect.

Instead of providing protection, it provides a surface for the virus to collect. In the military, before accessing an area you must decontaminate any surface that may be contaminated before touching the surface to gain access. In biological warfare, the wind will blow away any virus in the area except for what has been deposited on surfaces. It's the same for inside buildings where heating and cooling systems remove airborne virus except what remains on surfaces, like plexiglass, face shields and masks.

It's upsetting to see my fellow Americans doing things to contaminate themselves because they lack the information and training on how to use their Personal Protective equipment. I would like to tell them that they are not using their PPE correctly, but I don't because I believe that it will quickly turn confrontational and people will dig into their beliefs. It's sad to see people who think that they are better and smarter than those not wearing masks. They are actually causing themselves to get all kinds of diseases at a higher rate.

This is a bit of a rant but I truly want to help everyone in my community stay healthy and safe. I have even thought of making flyers about the proper use of PPE and pass them out to those not wearing and especially handling masks without contaminating themselves but it will result in a argument or worse. I would be going against the CDC and Fauci.